



## Domestic Violence Awareness Month

October is Domestic Violence Awareness Month and the Central Virginia YWCA will be commemorating this year's "Week Without Violence" with a number of events. Why do we observe a YWCA Week Without Violence? It is reported that 79% of children who have committed violent acts have witnessed violence between their parents, and husbands and boyfriends commit 13,000 acts of violence against women in the workplace every year. In addition, approximately 40% of all victims/survivors of violence suffer aftereffects serious enough to require therapy in adulthood.

Last year, the YWCA's Domestic Violence Prevention Center housed 97 women and 78 children, and offered services to 1,960 people, including 1,554 non-sheltered women and 123 abused men. The YWCA also provided 87 support groups for women, 103 support groups for children, and facilitated a Violence Intervention Program which was attended by 420 abusers.

The "Week Without Violence" is an international campaign to raise awareness of non-violent alternatives to reactive violent behavior.

### Locally scheduled activities include:

**OCTOBER 17, 7:00 p.m.**  
The YWCA of Central Virginia, 626 Church Street, will host a Racial Justice Review of the book: "Black Like Me," by John Howard Griffin. The books are available for sale at the YWCA prior to this date. Call the YWCA at 847-7751 for more information.

**OCTOBER 19**  
The YWCA of the USA will host an eBay auction in which the Central Virginia YWCA will have 10 donated items up for auction, with all revenue received from those items forwarded directly back to the Central Virginia YWCA.

**OCTOBER 21, 12:00 p.m.**  
The YWCA of Central Virginia will host a luncheon to honor area women business leaders and YWCA alumnae. The event will be held at the YWCA.

Anyone interested in receiving more information on upcoming events or would like more information about domestic violence intervention and prevention services available in the City and surrounding communities, please contact Sheila Andrews, Director of the YWCA Domestic Violence Prevention Center, at (434) 528-1041 or toll-free (888) 528-1041.



## STORMWATER POLLUTION

### What it Means to You!

Mandated by Congress under the Clean Water Act (CWA), the National Pollutant Discharge Elimination System (NPDES) Stormwater Program is a comprehensive national program for addressing the urban sources of stormwater discharges that adversely affect the quality of our nation's waters.

Stormwater pollution is a challenging water quality problem. Unlike pollution from industry or sewage treatment facilities, which is caused by a discrete number of sources, stormwater pollution is caused by the daily activities of people everywhere.

### What is stormwater pollution?

Stormwater pollution is rainwater and snowmelt runoff from streets, lawns, farms, and construction and industrial sites. The runoff picks up fertilizers, dirt, pesticides, oil, grease, and many other pollutants on the way to our rivers, lakes, and coastal waterways.

Stormwater runoff is our most common cause of water pollution. Because this type of pollution is caused by so many different activities, traditional regulatory controls are ineffective. Education and outreach are key components to any successful stormwater program.

### Why is stormwater runoff a problem?

Pollutants picked up by stormwater runoff can flow into a storm sewer system or directly into a lake, stream, river, wetland, or coastal waterway. Anything that enters a storm sewer system is discharged untreated into the water bodies we use for swimming, fishing, and providing drinking water.

### What can I do to reduce stormwater pollution?

Here are three fall tips for residents to help reduce the amount of stormwater pollution:

1. Clean leaves out of gutters. Put leaves out with your regular fall leaf collection.
2. Too much lawn fertilizer can be harmful to the environment. Call the Virginia Cooperative Extension office at 455-3740 to get a soil test.
3. Litter is a source of pollution that often gets washed off property and into nearby streams. Put litter in its place!

To learn more about how you can reduce the effects of stormwater pollution, visit the City's website at [www.lynchburgva.gov](http://www.lynchburgva.gov) or call us at 455-4250.



## Brush & Bulk Pickup Service

### One Call Does It All For City Residents!

Just call 856-CITY (2489) for your brush and bulk pickup requests. Phone calls are taken weekdays from 8:00 a.m. until 5:00 p.m. After you call and receive a scheduled brush and bulk pickup date, place your brush and bulk items on the curb in front of your residence. Please place items out the day before your scheduled pickup, since the crew might come as early as 7:00 a.m. on your scheduled day.

There are certain things you can do to better prepare your brush and bulk items prior to your scheduled pickup.

#### Please keep the following in mind:

- Keep brush and bulk items separate.
- Brush items include twigs and branches (excluding piles of leaves).
- Bulk items include furniture, appliances, TVs, etc.
- Place items on the curb in front of your residence. DO NOT put items near trees or telephone poles.

- Break up brush and bundle it into pieces less than 8 ft. long. Limbs should be no larger than 3 in. in diameter.
- Make sure bulk items are not too large (two people should be able to carry the items).
- Freon items, such as air conditioners, refrigerators, and freezers are required by law to be kept separate from other bulk items and are picked up on Wednesdays ONLY.
- Leaves are not eligible for brush and bulk collection. Leaves are picked up for free during designated dates in the fall. If you need to dispose of leaves at other times, just bag and tag them with a .95 cent trash tag.



**NOTE: LEAVES ARE NOT eligible for brush and bulk collection.**

## GLTC Lowers Fares

Gas prices still too high? Get on the bus, Gus!  
**The Greater Lynchburg Transit Company (GLTC) is offering reduced fares throughout the month of October. So, park your car and leave the driving to GLTC.**



**They're going everywhere you want to be!**

FARE CATEGORY	CURRENT FARE	NEW FARE*
Cash Fare Bus	\$ 1.50	\$ 1.00
E&H Bus Fare (with GLTC ID)	\$ .75	\$ .50
Unlimited Ride Day Pass	\$ 5.00	\$ 3.00
10 Ride Bus Ticket	\$ 12.50	\$ 10.00
Cash Paratransit Fare	\$ 3.00	\$ 2.00

\* No Free Transfers and No Changes in Other Pre-Paid Passes

## City Wins Awards!

The City of Lynchburg has been notified that it has received the Virginia Municipal League's (VML) 2005 Achievement Award in the population category of 35,001-90,000 for the Ninth Street Corridor Improvement Project. City officials will receive the award during the annual VML Conference in Richmond later this month.



The Virginia Municipal League is a statewide, nonprofit, nonpartisan association of city, town, and county governments established in 1905 to improve and assist local governments through legislative advocacy, research, education, and other services. The City has received several VML awards in the past for its downtown plan, reinventing government activity, and last year for the Bart the Cart communications plan.

In August, the City also received the Award of Excellence from the City-County Communications and Marketing Association (3CMA) for the celebration event held to commemorate the completion of the Monument Terrace Restoration Project.

3CMA is the leading organization in local governments that are innovating new and better ways of communicating with their citizens by viewing them as customers with important input into the kinds of services offered and how they are provided. Each year, 3CMA recognizes projects, innovations, and outstanding government achievements in communications, public sector marketing, and citizen-government relationships.

The City of Lynchburg has won several 3CMA awards in the past, including the organization's highest award, the SAVVY, for its Bart the Cart communications plan.

## HOUSEHOLD HAZARDOUS WASTE

### LAST COLLECTION DAY OF 2005!

**For All Lynchburg and Amherst County Residents**

**Saturday, October 8 (8:00 a.m. - 12:00 p.m.)**

**Waste Management Facility (Landfill) on Concord Turnpike**



**PLEASE NOTE: You must bring a photo ID with you! Please bring household hazardous waste items in non-returnable containers! Amherst County residents must bring a voucher from the Amherst County Solid Waste Department. Call 846-3324 to obtain a voucher.**

#### What CAN you bring to the collection site?

Acids/Bases	Flammables	Photo Chemicals
Aerosols	Furniture Stripper	Polishes
Antifreeze	Herbicides	Pool Chemicals
Auto Starter	Kerosene	Poisons
Brake Fluids	Lighter Fluids	Solvents
Batteries	Oven Cleaners	Thinners
Cleaners	Oxidizers	Used Motor Oil
Corrosives	Oil Based Paint	Weed Killers
Drain Openers	Pesticides	Wood Preservatives

#### What NOT to bring to the collection site!

Agent Orange	Medical Waste	Radioactives (Ex. smoke detectors)
Ammunition	Oil Tanks	Recyclables
Dioxin	Pathological Waste	Silvex
Explosives	55 Gallon Drums	Stomp
Garbage	of Anything!	TCDD
Gas Cylinders	PCBs	
Kepone	PROWL	
Latex Paint	Prozine	
Liquefied Asbestos		

## LEAF COLLECTION SCHEDULE

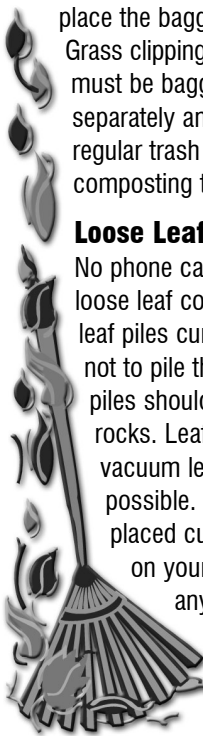
**OCT. 3:** Bagged Leaf Collection Began  
**OCT. 24:** Loose Leaf Collection Begins  
**DEC. 16:** All Leaf Collections End

#### Bagged Leaf Collection:

Once you have bagged your leaves, call 856-CITY (2489) or the Streets Division at 455-4450 to schedule a pickup; then place the bagged leaves on the curb. Grass clippings and hedge trimmings must be bagged and tagged separately and set out with your regular trash (or consider composting to save money!).

#### Loose Leaf Collection:

No phone call is necessary for loose leaf collection. Please rake leaf piles curbside being careful not to pile them in the street. Leaf piles should be free of sticks and rocks. Leaf collection crews will vacuum leaves as promptly as possible. Bagged leaves may be placed curbside with your trash on your regular collection day anytime during the year; however, each bag must be tagged with a .95 cent Trash Tag.



## Ward III Small Business Forum

**Wednesday, October 5, 2005**  
**6:00 p.m. - 7:00 p.m.**

**Fairview Center**  
**3621 Campbell Avenue**  
Facilitator: Jeff Helgeson  
(City Council Member, Ward III)

*Sponsored By:*  
**Office of Economic Development (OED) and Lynchburg Industrial Development Authority (LIDA)**

NOTE: A small business forum will be held in each of the Wards for the City of Lynchburg to provide information and obtain feedback from the citizens. Please make plans to attend one of the forums.

## City Vehicles Available

Fleet Services has several vehicles including school buses, tractors, mowers, trucks, vans, and more for sale through sealed bid. To learn more contact **Fleet Services at 455-4430** or visit the website at [www.lynchburgva.gov](http://www.lynchburgva.gov) and go to Fleet Services.